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## WOMEN IN TRUCKING

redefining the road
Ellen Voie, CAE
President/CEO
Women In Trucking Association, Inc.
ellen@womenintrucking.org

## Women Into Nontradional Careers

"The closer that America comes to fully employing the talents of all its citizens, the greater the output of goods and services will be."

Warren Buffett


## Why do we want more women leaders?

- There is a correlation between high level female executives and business success. Roy Adler, Pepperdine University
- Firms with the best records for promoting women outperform industry medians with overall profits 34 percent higher. Harvard
Business Revue Business Revue
- Companies with the highest representation of women leaders financially outperform, on average, companies with the lowest. Catalyst Research
- Women in "nontraditional" careers often earn as much as 30 percent more than those in "traditional" careers. us Dept. of Labor


## Why do we want more women leaders?



- The Organization for Economic Co-operation and Development has found that if we close the global gap in workforce participation between men and women, the Gross Domestic Product* worldwide would grow by nearly 12 percent by 2030.



## Are women a minority?

- Women make up a majority of university graduates.
- Women make up to $80 \%$ of consumer purchases.
- Women entrepreneurs account for $70 \%$ of new business startups.
"Why Women Mean Business" Wittenberg-Cox \& Maitland


## Women as a minority?



- Diversity is too often about making minorities comfortable with a dominant norm.
- Women don't need "fixing."
"Why Women Mean Business" Wittenberg-Cox \& Maitland


## How are we doing?

## United States <br> rank 45 <br> score <br> $.00=$ imparity <br> 

SCORE AT A GLANCE


KEY INDICATORS

GDP (US\$ billions)
GDP per capita (constant '11 intl. \$, PPP)
Total population (thousands)
Population growth rate (\%)
Population sex ratio (female/male)
Human capital optimization (\%)

## Global Gender Gap Index

Economic participation and opportunity Educational attainment
Health and survival Political empowerment rank out of
sco
ank
$45 \quad 0.722$
$26 \quad 0.752$
11.000
$62 \quad 0.975$
$\begin{array}{ll}73 & 0.162\end{array}$
144

Global Gender Gap
USA Ranks 45th

Notable Ratios:
Wage Equality . 66
College 1.37
Life Expectancy 1.01



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| Srapeore | 24 | 76 | 031 | 0.31 | 59 | Medives | 6 | 94 | 0.06 | 0.06 | 133 |  |
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## How are we doing?

## Women In Politics

World Economic Forum 2016

## The United States ranks $\mathbf{8 2}^{\text {nd }}$

19 \% of women holding national seats in upper house.

"Women's engagement in public life has a positive impact on inequality across society at large."

## How are we doing?

Women represent 4.0 percent of executives on Fortune 500 list.

Total: 21 female executives A drop of three in the past year.

Women comprise 19 percent of board seats Publicly Traded Companies in US.

Ten percent in the trucking industry.


## Benefits in hiring female leaders

## FEMALE MANAGERS ARE BETTER AT ENGAGING THEIR EMPLOYEES THAN MALE MANAGERS

Employees who work for a female manager are more engaged, on average, than those who work for a male manager, according to a Gallup study of U.S. employees. Women who report to female managers have the highest engagement, while men who report to male managers have the lowest engagement.

Percentage of employees engaged
35\%


Male Manager
Male Employee

Female Manager Male Employee

Male Manager Female Employee

Female Manager Female Employee


## Benefits in hiring female leaders

Managers are responsible for 70 percent of their employees engagement.

41 percent of female managers are engaged at work. 35 percent of male managers are engaged at work.

Higher engagement levels result in higher performing work groups.

Gallup Business Journal, October 16, 2014


## What are some of the challenges?

## Why are women often "power reluctant?"

- Push VS Pull: Men who want power push for it.
- Women often need to be coaxed.
"Why Women Mean Business," Wittenberg-Cox \& Maintland
- Women do not negotiate salary or benefits as often as men.

Babcock and Laschever, 2003, Princeton University Press

- Men typically oversell their abilities, while women undersell theirs.

Alex Tosolini, Proctor \& Gamble.

- Women avoid power structures and hierarchy.
- Women do not enjoy self promotion.

Deborah Tannen, "Talking at 9 to 5: Women and Men at Work"


## What are some of the challenges?

## Must women act like men?

- Hanging out with the men often prompts sexual innuendoes.
- Leadership selection is subjective and often leans toward hiring
 someone who "looks like you."
Susan Vinnicombe, Crainfield University International Center for Women Business Leaders
- Twenty five percent of women believe they need to dress like men (pant suits versus skirts) to be treated seriously.
- Half of women are afraid to show their true emotions.
- Twenty percent of women believe they need to be ruthless to get respect.



## What are some of the challenges?

Women with job authority have more education, higher incomes, more prestigious occupations and higher levels of job satisfaction....and worse mental health than lower status women.

> Why?

When women display assertiveness and confidence they are judged negatively for being unfeminine. This contributes to chronic stress.
"Gender, Job Authority, and Depression," Journal of Health and Social Behavior, December 2014.

## Are there Biological reasons?

- Yes!
- Women activate the amygdalae (the brain's fear center) more easily than men.
- Women are driven by estrogen (men by testosterone) and estrogen encourages bonding and connection and discourages conflict and risk taking.
- Testosterone encourages a focus on winning and demonstrating power. Women who were given testosterone were less able to collaborate.
- "Closing the Confidence Gap" Kay \& Shipman, The Atlantic.



## What are some of the challenges?

## Is motherhood a deterrent?

Childless women are six times more likely to be recommended for hire and offered $\$ 10,000$ more in salary than their peers with children.
Cornell University, 2007

49 percent of women earning over $\$ 100,000$ are childless. Center for Work Life Policy, New York

Single women without children between the ages of 22 and 30 earn more than their male counterparts of the same age. Women in Leadershi, us Chamber of

Commerce Foundation.


The US is the only developed country that does not offer paid maternity leave.


## Did you know?

Speaking while female....

Male executives who spoke more often than their peers were rated 10 percent higher in competence.

When female executives spoke more than their peers, both men and women gave them a 14 percent lower rating in competence.

Yale Psychologist, Victoria L. Brescoll research,
Quoted by Sheryl Sandberg and Adam Grant, Op-Ed Piece in New York Times.


## What are some of the challenges?

## Like-ability: The Heidi-Howard Experiment

In 2003, Harvard Business School ran an experiment to test perceptions of men and women in the workplace.

- They chose the case study of Heidi Roizen, a real-life entrepreneur.
- The case described how Heidi was successful thanks to her outgoing personality and networking abilities.
- The same story was read by two groups of students with one difference: one group was working on Heidi, for the other, her name was changed to Howard.

Both groups found Heidi \& Howard equally competent (their accomplishments were identical).
Howard came across as the more appealing colleague, Heidi was seen as "selfish" and "not the person you would like to work for."

The same data with a single difference - gender - created very different impressions.

## Should we use different terms to attract women?

"White male values are about risk-taking, shortterm gain and a focus on the individual, female values tend toward risk-awareness, the long term and team goals."

## Did you know?

Women apply for open job positions if they believe they can respond to $100 \%$ of the criteria.

Men respond as soon as they feel they meet $60 \%$ of the
 requirements.

Hewlett Packard research

## Did you know?

Male CEOs who have a daughter are found to be more generous and caring in the workplace...
....and increase female employee wages.
Female's salaries increased 1.1 percent when the boss and his wife had a baby daughter compared to .6 percent for male employees.

## Are there barriers?

Women do not negotiate their salaries....

Babcock and Laschever, 2003


## Are there barriers?

Men are promoted based on potential....
.... Women are promoted based on accomplishments.
2011 McKinsey report


## Do Quotas work?

Example: Norway requires boards listed on the stock market to include 40 percent women.

## Results:

- Boards of listed companies have 40 percent female directors.
- Only six percent of Norwegian companies had female CEOs.

Consequence: Companies left the stock market, listed firms fell from 563 in 2003 to 179 in 2008.
*Nina Smith, Economist at Aarhus University, Denmark

## "We conclude that it (quotas) had very little discernible impact on women in business beyond its direct effect on the women who made it into boardrooms."



## What do women want?

To make a difference.
To be challenged.
To believe in the company's mission. A sense of satisfaction in their team. Recognition.

516 Women surveyed by Aspire, a UK Coaching \& Leadership firm


## What do women want?

Women WANT leadership roles.
Women DON'T like promoting themselves.
Women feel that good leaders should be able to spot talent.

Professor Susan Vinnicombe, Cranfield University International Center for Women Business Leaders

Are we really recruiting women?

How attractive is the company image to women?


## Be aware of gender bias!

Track your company's progress. Numbers don't lie.


## What are some of the solutions?

## What can women do?

- Positive affirmation: I can do it!
- Learn to handle criticism.
- Savor positive moments.
- Speak up!
- Take credit and accept praise.
- Learn to say "no" to unnecessary requests.
- Ask for raises and promotions.
- Don't expect perfection.
- Be confident.
- Take risks.


## Did you know?

- When companies use measurable results to determine advancement, women benefit.
- Empirical standards
- Clear Goals
- Frequent reviews
- Fortune Magazine, October 2006



## What are some of the solutions? <br> What can my company do?

- Workplace flexibility.
- Job sharing
- Flexible work arrangements
- Telecommuting
- Benefits (onsite childcare, maternity leave)
- Mentoring opportunities.
- Networking opportunities (Lean In Circles)
- Gender-neutral work environment.
- Value women's contributions.
- More women as visible leaders.
- Create targets for women in leadership roles.
- Make managers accountable for promoting women.

www.womenintrucking.org

